

September 2024

RCG Site

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
2 Labor Day School Closed	3 Whole Grain Blueberry Muffin Diced Peaches Whole Grain Pizza All Beef Meatballs Steamed Carrots Applesauce	4 Whole Grain Cereal Banana Meatloaf Whole Grain Dinner Roll Steamed Carrots Apple Slices	5 Whole Grain Banana Bread Orange Slices Whole Grain Pancakes Hard Boiled Egg Cucumbers Sliced Pears	6 Whole Grain Pancake Bites Fruit Cocktail Chicken Sliders Whole Grain Bun Mashed Potatoes Corn Applesauce
9 Whole Grain Waffle Bites Mandarin Oranges Whole Grain Mac and Cheese Chicken Meatballs Edamame Apple	10 Corn Muffin Diced Pears Whole Grain Pizza All Beef Meatballs Steamed Carrots Applesauce	11 Whole Grain Cereal Apple Slices Hamburger Whole Grain Bun Tomato Salad Orange Slices	12 Whole Grain Blueberry Muffin Diced Mango Whole Grain French Toast Sticks Turkey Sausage Patty Fresh Snow Peas Banana	13 Whole Grain Pancake Bites Berries Whole Chicken Tender Whole Grain Wrap Baked Beans Watermelon
16 Whole Grain Waffle Bites Apple Slices Whole Grain Pasta Marinara Beef Meatballs Broccoli Orange Slices	17 Whole Grain Blueberry Muffin Diced Peaches Whole Grain Pizza All Beef Meatballs Steamed Carrots Applesauce	18 Whole Grain Cereal Banana Meatloaf Whole Grain Soft Breadstick Steamed Carrots Apple Slices	19 Whole Grain Banana Bread Orange Slices Whole Grain Pancakes Hard Boiled Egg Cucumbers Sliced Pears	20 Whole Grain Pancake Bites Fruit Cocktail Chicken Sliders Whole Grain Bun Mashed Potatoes Corn Applesauce
23 Whole Grain Waffle Bites Mandarin Oranges Whole Grain Mac and Cheese Sausage Patty Edamame Apple	24 Corn Muffin Diced Pears Whole Grain Pizza All Beef Meatballs Steamed Carrots Applesauce	25 Whole Grain Cereal Apple Slices Cheeseburger Whole Grain Bun Tomato Salad Orange Slices	26 Whole Grain Blueberry Muffin Diced Mango Whole Grain French Toast Sticks Turkey Sausage Patty Fresh snow peas Banana	27 Whole Grain Pancake Bites Berries Whole Grain Chicken Tender Whole Grain Wrap Baked Beans Watermelon
30 Whole Grain Waffle Bites Apple Slices Whole Grain Pasta in Butter Beef Meatballs Broccoli Orange Slices				

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"
 Portions suggested by the USDA Child and Adult Care Food Program
 Head Start children ages 2-5 years are served 1% or nonfat milk with meals
 E.H.S. children ages 0-23 months are served whole milk with meals
 HEAD START COMMUNITY PROGRAM OF MORRIS COUNTY Inc.
 MENU SUBJECT TO CHANGE WITHOUT NOTICE