

MAY 2024

Dover Site Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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|  |  | 1 B-Whole Grain Waffle Apple Juice L- Whole Grain Tortilla Diced Chicken Tomatoes, Lettuce, Corn, Avocado Apricots S- Strawberry Yogurt Trail Mix w/Whole Grain Cereal | 2 B-Whole Grain Bagel Sliced Peaches L-Chicken Nuggets Black Beans Rice Mixed Vegetables Pineapple S-Whole Wheat Goldfish Mixed Berry Cup | 3 B-Cheerios Cereal Orange Slices L-Whole Grain Pizza w/ Extra Cheese Broccoli Watermelon S-Blueberry Yogurt Animal Crackers |
| 6 B-Turkey Sausage Whole Grain Toast Grapefruit L-Pinto Beans Rice Sliced Carrots Sliced Fresh Pears S-Whole Wheat Crackers Sliced Cheese | 7 B-Scrambled Eggs Corn Muffin Orange Juice L-Whole Grain Tortilla Diced Chicken Tomatoes, Lettuce, Corn, Avocado Apricots S-Whole Wheat Graham Crackers Milk | 8 B-Whole Grain Waffle Apple Juice L-Meat Sauce Whole Grain Pasta Green Beans Mandarin Oranges S- Strawberry Yogurt Trail Mix w/Whole Grain Cereal | 9 B-Whole Grain Bagel Sliced Peaches L- Hamburger Whole Grain Bun Mixed Vegetables Pineapple S-Whole Wheat Goldfish Mixed Berry Cup | 10 B-Cheerios Cereal Orange Slices L-Whole Grain Pizza w/ Extra Cheese Broccoli Honey Dew Melon S-Blueberry Yogurt Animal Crackers |
| 13 B-Greek Yogurt Blueberries L-Hamburger Whole Grain Bun Peas Pineapple S-Whole Wheat Crackers Sliced Cheese | 14 B-Scrambled Eggs Whole Grain Toast Orange Juice L-Chickpea Salad Chicken Nuggets Brown Rice Broccoli Mixed Fruit S- Whole Wheat Graham Crackers Milk | 15 B-Whole Grain Pancake Apple Juice L-Meat Sauce Whole Grain Pasta Green Beans Sliced Pears S- Strawberry Yogurt Trail Mix w/Whole Grain Cereal | 16 B-Whole Grain Bagel Sliced Peaches L-Whole Grain Tortilla Diced Chicken Tomatoes, Lettuce, Corn, Avocado Apricots S- Whole Wheat Goldfish Mixed Berry Cup | 17 B-Cheerios Cereal Orange Slices L-Whole Grain Pizza w/ Extra Cheese Brussel Sprouts Watermelon S-Blueberry Yogurt Animal Crackers |
| 20 B-Whole Grain Oatmeal Applesauce L-Hamburger Whole Grain Bun Sweet Potato Fries Green Beans Clementines S-Whole Wheat Crackers Sliced Cheese | 21 B-Egg Patty Whole Grain English Muffin Orange Juice L- Cheesy Chicken Pasta w/ Whole Grain Pasta Mixed Vegetables Pineapple S- Whole Wheat Graham Crackers Milk | 22 B-Whole Grain Waffle Apple Juice L- Whole Grain Bread Turkey and Cheese Sandwich Potato Wedges Cucumbers Apricots S- Strawberry Yogurt Trail Mix w/Whole Grain Cereal | 23 B-Whole Grain Bagel Sliced Peaches L-Whole Grain Pizza w/ Extra Cheese Broccoli Watermelon S- Whole Wheat Goldfish Mixed Berry Cup | 24 School Closed |
| 27 School Closed | 28 B-Whole Grain Oatmeal Blueberries L-Pinto Beans Rice Mixed Vegetables Pineapple S- Whole Wheat Graham Crackers Milk | 29 B-Whole Grain Pancake Apple Juice L-Meat Sauce Whole Grain Pasta Green Beans Mandarin Oranges S-Strawberry Yogurt Trail Mix w/Whole Grain Cereal | 30 B-Whole Grain Bagel Sliced Peaches L-Whole Grain Bread Turkey and Cheese Sandwich Potato Wedges Cucumbers Clementines S- Whole Wheat Goldfish Mixed Berry Cup | 31 B-Cheerios Cereal Orange Slices L-Whole Grain Pizza w/ Extra Cheese Broccoli Watermelon S-Blueberry Yogurt Animal Crackers |

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"
 Portions suggested by the USDA Child and Adult Care Food Program
 Head Start children ages 2-5 years are served 1% or nonfat milk with meals
 E.H.S. children ages 0-23 months are served whole milk with meals
 HEAD START COMMUNITY PROGRAM OF MORRIS COUNTY Inc.
 MENU SUBJECT TO CHANGE WITHOUT NOTICE