



# JUNE 2024

## Dover Head Start

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>03</p> <p>B-Whole Grain Oatmeal Blueberries L-Cheesy Chicken Pasta Whole Grain Pasta Green Beans French Fries Pineapple S-Strawberry Cup Whole Wheat Goldfish</p>	<p>04</p> <p>B-Scrambled Eggs Corn Muffin Orange Juice L-Beef Picadillo With Peppers and Onions Brown Rice Mixed Vegetables Sliced Pears S-Blueberry Yogurt Animal Crackers</p>	<p>05</p> <p>B-Whole Grain Pancake Apple Juice L-Hamburger Whole Grain Bun French Fries Carrots Mandarin Oranges S- Apricot Cups Trail Mix w/Whole Grain Cereal</p>	<p>06</p> <p>B-Whole Grain Bagel Sliced Peaches L-Meat Sauce Whole Grain Pasta Peas Mixed Fruit S-Strawberry Cup Whole Wheat Crackers</p>	<p>07</p> <p>B-Cheerios Cereal Mandarin Oranges L-Beans With Peppers and Onions Mixed Vegetables Sliced Pears S-Strawberry Cup Whole Grain Graham Crackers</p>
<p>10</p> <p>B-Whole Grain Oatmeal Applesauce B-Beef Picadillo With Peppers and Onions Brown Rice Peas Sliced Pears S-Strawberry Cup Whole Wheat Goldfish</p>	<p>11</p> <p>B-Scrambled Eggs Corn Muffin Orange Juice L-Whole Grain Pita Bread Diced Chicken Lettuce, Tomato Carrots French Fries Pineapple S-Mozzarella Cheese Whole Wheat Crackers</p>	<p>12</p> <p>B-Whole Grain Pancake Apple Juice L-Whole Grain Tortilla Diced Chicken Lettuce, Corn, Tomato Apples S-Strawberry Cup Trail Mix w/Whole Grain Cereal</p>	<p>13</p> <p>B-Whole Grain Bagel Sliced Peaches L-Meat Sauce Whole Grain Pasta Green Beans Apricots S-Blueberry Yogurt Animal Crackers</p>	<p>14</p> <p>B-Cheerios Cereal Mandarin Orange L-Whole Grain Pizza w/Extra Cheese French Fries Mixed Vegetables Mixed Fruit S-Strawberry Cup Whole Grain Graham Crackers</p>
<p>17</p> <p>B-Whole Grain Oatmeal Applesauce L-Meat Sauce Whole Grain Pasta Peas Sliced Pears S-Strawberry Cup Whole Wheat Crackers</p>	<p>18</p> <p>B-Cheerios Cereal Apple Juice L-Whole Grain Pizza With Extra Cheese French Fries Carrots Pineapple S-Strawberry Cup Trail Mix with Whole Grain Cereal</p>			

**"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"**  
 Portions suggested by the USDA Child and Adult Care Food Program  
 Head Start children ages 2-5 years are served 1% or nonfat milk with meals  
 E.H.S. children ages 0-23 months are served whole milk with meals  
 HEAD START COMMUNITY PROGRAM OF MORRIS COUNTY INC

MENU SUBJECT TO CHANGE WITHOUT NOTICE