

HEAD START May 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1</p> <p>Whole Grain Banana Muffin Clementine</p> <p>Whole Grain French Toast Sticks Turkey Sausage Green Beans Diced Pears</p>	<p>2</p> <p>Whole Grain Pancake Bites Berries</p> <p>Chicken Fries Whole Grain Dinner Roll Pickles Apple Slices</p>
<p>5</p> <p>Whole Grain Waffle Bites Mandarin Oranges</p> <p>Dino Chicken Whole Grain Dinner Roll Broccoli Applesauce</p>	<p>6</p> <p>Whole Grain Cereal Diced Pears</p> <p>Pizzeria Pizza Slice All Beef Meatballs Steamed Carrots Fruit Cocktail</p>	<p>7</p> <p>Whole Grain Corn Muffin Raisins</p> <p>Whole Grain Mac and Cheese Turkey Bacon Peas Apple Slices</p>	<p>8</p> <p>Whole Grain Blueberry Muffin Diced Mangos</p> <p>Whole Grain Pancakes Hard Boiled Egg Cucumbers Clementine</p>	<p>9</p> <p>Whole Grain Pancake Bites Fruit Cocktail</p> <p>Hamburger Whole Grain Bun Corn Berry Applesauce</p>
<p>12</p> <p>Whole Grain Blueberry Muffin Apple Slices</p> <p>Whole Grain Chicken Nuggets Rice Snow Peas Raisins</p> <p>Breakfast with Mom's</p>	<p>13</p> <p>Whole Grain Cereal Diced Peaches</p> <p>Pizzeria Pizza Slice All Beef Meatballs Steamed Carrots Fruit Cocktail</p>	<p>14</p> <p>Whole Grain Blueberry Muffin Banana</p> <p>Whole Grain Pasta Marinara Meatballs Sliced Olives Orange Slices</p>	<p>15</p> <p>Whole Grain Banana Muffin Clementine</p> <p>Whole Grain French Toast Sticks Turkey Sausage Green Beans Diced Pear</p>	<p>16</p> <p>Whole Grain Pancake Bites Berries</p> <p>Chicken Fries Whole Grain Dinner Roll Pickles Apple Slices</p>
<p>19</p> <p>Whole Grain Waffle Bites Mandarin Oranges</p> <p>Dino Chicken Whole Grain Dinner Roll Broccoli Applesauce</p>	<p>20</p> <p>Whole Grain Cereal Diced Pears</p> <p>Pizzeria Pizza Slice All Beef Meatballs Steamed Carrots Fruit Cocktail</p>	<p>21</p> <p>Whole Grain Corn Muffin Raisins</p> <p>Whole Grain Mac and Cheese Turkey Bacon Peas Apple Slices</p>	<p>22</p> <p>Whole Grain Blueberry Muffin Diced Mangos</p> <p>Whole Grain Pancakes Hard Boiled Egg Cucumbers Clementine</p>	<p>23</p> <p>Whole Grain Pancake Bites Fruit Cocktail</p> <p>Hamburger Whole Grain Bun Corn Berry Applesauce</p>
<p>26</p> <p>School Closed</p>	<p>27</p> <p>Whole Grain Cereal Diced Peaches</p> <p>Pizzeria Pizza Slice All Beef Meatballs Steamed Carrots Fruit Cocktail</p>	<p>28</p> <p>Whole Grain Blueberry Muffin Banana</p> <p>Whole Grain Pasta Marinara Meatballs Sliced Olives Orange Slices</p>	<p>29</p> <p>Whole Grain Banana Muffin Clementine</p> <p>Whole Grain French Toast Sticks Turkey Sausage Green Beans Diced Pear</p>	<p>30</p> <p>Whole Grain Pancake Bites Berries</p> <p>Chicken Fries Whole Grain Dinner Roll Pickles Apple Slices</p>

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

Portions suggested by the USDA Child and Adult Care Food Program
Head Start children ages 2-5 years are served 1% or nonfat milk with meals
E.H.S. children ages 0-23 months are served whole milk with meals
HEAD START COMMUNITY PROGRAM OF MORRIS COUNTY Inc.
MENU SUBJECT TO CHANGE WITHOUT NOTICE