


JANUARY 2025

Dover Site Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>01</p> <p>School Closed</p>	<p>02</p> <p>B-French Toast Applesauce L-Black Beans Brown Rice Green Beans Pineapple S-Strawberry Fruit Cup Trail Mix W/Dried Cereal</p>	<p>03</p> <p>B-Cheerios Cereal Banana L-Whole Wheat Pizza w/Extra Cheese Broccoli Watermelon S-Vanilla Yogurt Whole Wheat Graham Crackers</p>
<p>06</p> <p>B-Whole Grain Oatmeal Dried Cherries L-Chicken Nuggets Whole Grain Biscuit Butternut Squash Peaches S-Strawberry Fruit Cup Whole Wheat Goldfish</p>	<p>07</p> <p>B-Scrambled Eggs Whole Wheat Toast Orange Juice L-Black Beans Brown Rice Carrots Mangoes S-Diced Pears Animal Crackers</p>	<p>08</p> <p>B-Life Cereal Blueberries L-Whole Grain Pasta Ground Beef Tomato Sauce Green Beans Mandarin Oranges S-Whole Wheat Crackers Mozzarella Cheese</p>	<p>09</p> <p>B-French Toast Applesauce L-Chicken Whole Wheat Tortilla Brown Rice Lettuce, Corn, Tomatoes Pineapple S-Strawberry Fruit Cup Trail Mix W/Dried Cereal</p>	<p>10</p> <p>B-Cheerios Cereal Banana L-Whole Wheat Pizza w/Extra Cheese Broccoli Watermelon S-Vanilla Yogurt Whole Wheat Graham Crackers</p>
<p>13</p> <p>B-Whole Grain Oatmeal Blueberries L-Grilled Cheese Whole Wheat Bread Mixed Vegetables Peaches S-Strawberry Fruit Cups Whole Wheat Goldfish</p>	<p>14</p> <p>B-Egg Patty Whole Wheat English Muffin Orange Juice L-Pinto Beans Brown Rice Carrots Blackberries S-Diced Pears Animal Crackers</p>	<p>15</p> <p>B-Life Cereal Orange Slices L-Whole Grain Pasta Turkey Meatballs Broccoli Mandarin Oranges S-Whole Wheat Crackers Mozzarella Cheese</p>	<p>16</p> <p>B-Whole Wheat Pancake Applesauce L-Chicken Whole Wheat Tortilla Brown Rice Lettuce, Corn, Tomatoes Pineapple S-Strawberry Fruit Cup Trail Mix W/Dried Cereal</p>	<p>17</p> <p>B-Cheerios Cereal Banana L-Whole Wheat Pizza w/Extra Cheese Brussel Sprouts Watermelon S-Vanilla Yogurt Whole Wheat Graham Crackers</p>
<p>20</p> <p>School Closed</p>	<p>21</p> <p>B-Scrambled Eggs Whole Wheat Toast Orange Juice L-Black Beans Brown Rice Cauliflower Mangoes S-Diced Pears Animal Crackers</p>	<p>22</p> <p>B-Life Cereal Orange Slices L-Whole Grain Pasta Ground Beef Tomato Sauce Green Beans Mandarin Oranges S-Whole Wheat Crackers Mozzarella Cheese</p>	<p>23</p> <p>B-Whole Grain Oatmeal Applesauce L-Grilled Cheese Whole Wheat Bread Cucumbers Pineapple S-Strawberry Fruit Cup Trail Mix W/Dried Cereal</p>	<p>24</p> <p>B-Cheerios Cereal Banana L-Whole Wheat Pizza w/Extra Cheese Broccoli Honey Dew Melon S-Vanilla Yogurt Whole Wheat Graham Crackers</p>
<p>27</p> <p>B-Whole Grain Oatmeal Blueberries L-Hamburger Whole Wheat Bun Sweet Potato Fries Peaches S-Strawberry Fruit Cups Whole Wheat Goldfish</p>	<p>28</p> <p>B-Scrambled Eggs Whole Wheat English Muffin Orange Juice L-Pinto Beans Brown Rice Cauliflower Mangoes S-Diced Pears Animal Crackers</p>	<p>29</p> <p>B-Life Cereal Orange Slices L-Whole Grain Pasta Turkey Meatballs Broccoli Mandarin Oranges S-Whole Wheat Crackers Mozzarella Cheese</p>	<p>30</p> <p>B-French Toast Applesauce L-Chicken Whole Wheat Tortilla Brown Rice Lettuce, Corn, Tomatoes Pineapple S-Strawberry Fruit Cup Trail Mix W/Dried Cereal</p>	<p>31</p> <p>B-Cheerios Cereal Banana L-Whole Wheat Pizza w/Extra Cheese Brussel Sprouts Watermelon S-Vanilla Yogurt Whole Wheat Graham Crackers</p>

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

Portions suggested by the USDA Child and Adult Care Food Program

Head Start children ages 2-5 years are served 1% or nonfat milk and water with meals

E.H.S. children ages 0-23 months are served whole milk with meals

HEAD START COMMUNITY PROGRAM OF MORRIS COUNTY Inc.

MENU SUBJECT TO CHANGE WITHOUT NOTICE